Cystoscopy: What to Expect



A cystoscopy is a procedure that lets your doctor look inside the bladder and urethra using a thin camera called a cystoscope. It helps diagnose bladder issues, check for tumors or stones, and monitor ongoing bladder conditions.

What Happens During the Procedure

- The cystoscope is inserted through the urethra into the bladder
- It may be flexible or rigid:
- Flexible cystoscopes are more comfortable, especially for men
- Rigid cystoscopes may be used for certain procedures
- The bladder is filled with fluid so your doctor can see clearly
- The whole procedure usually lasts 5–15 minutes

☐ How It Feels

- You may feel pressure or a burning sensation during the procedure
- Most patients report mild discomfort
- Flexible cystoscopy is generally better tolerated than rigid cystoscopy, especially for men
- In women, cystoscopy is often less painful than expected

☐ After the Procedure

It's normal to experience:

- Burning during urination for a day or two
- Needing to urinate more often
- A small amount of blood in the urine

These symptoms usually go away within a few days.

☐ Tips for a More Comfortable Recovery

- Drink extra fluids for 24 hours to flush your bladder
- Take over-the-counter pain medicine if needed
- Avoid strenuous activity for 24 hours
- Call your doctor if you have:
 - Fever
 - Severe pain
 - Heavy bleeding

■ Risks and Considerations

- While cystoscopy is safe, it is still an invasive procedure
- A small number of people may develop a urinary tract infection (UTI) afterward
- Rarely, overactive bladder symptoms may temporarily increase

Your doctor will talk with you about why cystoscopy is needed and what results to expect. Flexible cystoscopy is often used for routine evaluation or monitoring, while rigid cystoscopy may be needed for certain procedures.

To learn more or schedule your cystoscopy, visit: www.advancedurology.com







Resources Men's Health Chirag Dave, MD

About Me

Thank you for choosing me as your doctor. Please watch the video to learn more about me and my practice. I look forward to helping you on your journey to better health.



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For more information about Advanced Urology or Dr. Chirag Dave, please visit www.advancedurology.com

