Robotic Simple Prostatectomy: Patient Education Handout



Robotic simple prostatectomy is a minimally invasive surgery used to treat Benign Prostatic Hyperplasia (BPH) in men with very large prostates. It is often recommended when medications no longer provide relief and urinary symptoms are severe.

■ What Is Robotic Simple Prostatectomy?

- A robot-assisted procedure to remove the inner part of the prostate that is blocking urine flow
- · Performed through a few small incisions using robotic instruments for precision
- Treats large prostate glands (usually over 80 mL in size)

■ Who Should Consider This Surgery?

You may be a good candidate if:

- You have severe urinary symptoms that haven't improved with medication
- You experience urinary retention (inability to empty your bladder)
- You've been told you have a very large prostate

☐ How the Surgery Is Performed

- · Done under general anesthesia
- Approaches may include transvesical (through the bladder) or extraperitoneal (avoiding the abdominal cavity)
- The robotic system allows precise removal of the enlarged prostate tissue

□ Benefits of Robotic Surgery

- · Less blood loss
- Shorter hospital stay
- Faster recovery
- Less pain and smaller incisions
- Significant improvement in urinary flow and symptoms (lower IPSS scores)

□ Risks and Side Effects

Robotic prostatectomy is generally safe, but all surgery has some risk:

- Bleeding
- Infection
- Temporary urinary incontinence (usually improves over time)

These risks are lower than with traditional open surgery.

□ After Surgery: What to Expect

- You may go home in 1–2 days
- A catheter may stay in place for a short time to help drain urine
- · Most men notice major improvement in urinary symptoms within a few months
- You'll return for follow-up visits to check your healing and symptoms

☐ How It Compares to Open Surgery

- · Similar long-term outcomes
- Lower complication rates
- · Shorter recovery time





Resources Chirag Dave, MD

About Me

Thank you for choosing me as your doctor. Please watch the video to learn more about me and my practice. I look forward to helping you on your journey to better health.

We Value Your Feedback

If you had a positive experience with your care, we would be grateful if you could take a moment to leave us a 5-star review on Google. Your feedback helps other patients find the support they need and allows us to continue providing excellent care.



Marietta Clinic

For more information about Advanced Urology or Dr. Chirag Dave, please visit www.advancedurology.com

